



LUNCH

Sample Menu

WEEK
2



Monday

Tuesday

Wednesday

Thursday

Friday

.....
Available everyday

Main Event...
Baby Italian Meatballs
with Tomato Sauce

Meat Free Zone...
Roasted Baby Plum
Tomatoes, Spinach &
Bocconcini

With...
Spaghetti
Garlic Bread
Parmesan
Fresh Green Beans

On the go....
Jacket Potato with Tuna
& Spring Onion

Pudding...
Strawberry Eton Mess

Main Event...
Honey Roast Gammon
with homemade gravy

Meat Free Zone...
Roasted Vegetable
Lasagne with Garlic
Bread

With...
Roast Potatoes
Cauliflower Cheese
Baton Carrots

On the go....
Singapore Noodles

Pudding...
Mango Fool

Main Event...
Chargrilled Chicken
Breast with Sweetcorn
Salsa

Meat Free Zone...
Red Pepper, Red Onion
& Feta Pitta Pizzas

With...
Paprika Diced Baked
Potatoes
Sugar Snap Peas

On the go....
Creamy Mushroom
Linguine with Grated
Parmesan

Pudding...
Raspberry and White
Chocolate Cookie

BBQ...
Chicken Kebabs
Sausages
Burgers

Meat Free Zone...
Vegetable Kebabs

With...
Jacket Potato
Corn on the Cob
Coleslaw
Chef's Salad

Pudding...
Ice Cream

Main Event...
Scampi with Lemon &
Homemade Tartar Sauce

Meat Free Zone...
Falafel & Spinach Open
Burger with Tzatkiki

With...
Skinny Fries
Garden Peas
Roasted Courgettes

On the go....
Pasta with Bolognese
Sauce & Garlic Bread

Pudding...
Fruit Jelly Surprise
or
Chocolate Mousse

Homemade Bread

*Selection from the
fresh Salad Bar with
sliced meats, fish
and cheese*

*Fresh Fruit
Fresh Fruit Salad*

*Homemade Yoghurt
Bar with fruit sauces,
dried fruit & seeds*