

International Summer School

For Girls aged 8 to 17





WELCOME TO

AN EXCEPTIONAL EXPERIENCE FOR YOUR DAUGHTER

ACCREDITED BY THE BRITISH COUNCIL

Heathfield International Summer School

For over 40 years we have provided high-quality summer courses in the English Language for International students, with a wide range of fun packed academic and co-curricular activities alongside our UK Summer Camp girls. Since 1987 Heathfield Summer School has been accredited by the British Council and we are the only accredited all girls summer school in England.

It's not just our experience that counts, but our courses have been developed to provide the best all-round English educational experience possible for our participating students. Through the years Heathfield Summer School has grown in stature and reputation, having an enviable position in the heart of Berkshire with links to major places of cultural interest and heritage.

The school is positioned in 36 acres of tree lined grounds and has the facilities and resources necessary to provide everything our students need.

As an all-girls summer school, our students flourish in their environment, taught by an experienced and dedicated team of EFL teachers and activity staff, alongside professional coaches in sports and the arts.

We're truly confident that Heathfield is the number one choice for girls looking to improve their English, enjoy their activities and social time, and have a fantastic summer school adventure of a lifetime this summer!

We look forward to welcoming you to Heathfield!



Academic Programme

Heathfield Summer School provides an excellent EFL 'General English' programme with highly trained and experienced EFL managers and teachers. Our Director of Studies leads a fully effective and motivated team, tuned to the needs of each and every student. Lessons are taught by qualified, enthusiastic, inspiring and most importantly, committed teachers.

Multicultural classes

Students enjoy multicultural classes with a 20-25% language cap on student enrolments to ensure a diverse and dynamic student community.

Curriculum

The Curriculum is designed for students to get the most out of their English lessons, to provide a cohesive structure of study and so that all students get the same experience from their stay in Heathfield. The Curriculum is based on the following goals for our students:

We aim for our students to

- 1) **Learn** as much about Britain as they can during their time here.
- 2) Develop the language skills necessary to negotiate situations and problems in English during their stay.
- 3) **Improve** the English they already have and improve their language proficiency.
- Build their confidence, not only as speakers of English, but as young people.

Placement Testing

Students take a placement test the day after their arrival ensuring they've had enough rest from their travel day. They are then placed into appropriate classes according to their level and age following the common European framework of reference (CEFR).

Students attending Heathfield need to have a minimum of A1 Elementary level. We do not currently take beginners.

Basic user	A1	Elementary
Basic user	A2	Pre-intermediate
Independent User	B1	Intermediate
Independent User	B2	Upper intermediate
Proficient User	C1	Advanced
Proficient User	C2	Proficiency

Overview

- Placement testing to ensure the most appropriate class.
- · Class size maximum of 16 students.
- · Average class size 12 students.
- 15 hours of General English classes
- · Themed, enjoyable and engaging project classes.
- Reports and Certificates



Activities and Social Programme

Our activities and social programme is extensive, creative and fun!

We have a superb team with a wide variety of different skill sets, able to offer an extensive range of activities and social events throughout the summer. Activities are engaging and fun and in 2024 we are introducing an Academies programme ensuring students have an opportunity to focus on one specific chosen activity while still having the opportunity to take part in a great number of alternative extra-curricular activities throughout each week. Heathfield Summer school girls truly have fantastic options in front of them. Learning and practicing English continues outside of the classroom and is promoted throughout each and every activity.

Here is just a sample of what's on offer:

Sport Options

Swimming Fine Art Volleyball Photography Badminton Crafts Rounders Ceramics Basketball Cookery Soap making Tennis Cricket Jewellery making Frisbee Golf Fashion Design Football

Performing Arts

Team Games

Circle Games

Acting
Singing

Dance (variety of disciplines)

Physical Theatre

Social Programme

Art and Creative Options

Discos Quizzes Festivals

House Team Events and Games

Talent Shows

Fashion and Dance shows

Evening trips to Cinema, 10 Pin Bowling,

Indoor Water Park



Excursions

Heathfield Summer School is idyllically placed to offer a great number of fantastic destinations for our students to visit. Each year we travel to new locations while also organising excursions to the most popular destinations, including London!

We offer 3 trips each week.

- A full day excursion. (FD)
- A half day excursion. (HD)
- An evening excursion. (E)

In 2024 we are visiting the following places.

Week 1

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Aqua Park- Outdoors (HD) Seniors

Coral Reef – Indoor (HD) Juniors

Portsmouth – HMS Victory & Gunwharf Quays (FD)

Cinema (E)
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Week 2

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Windsor – Sightseeing & Shopping (HD)
London 1 –Thames River Cruise and Sightseeing (FD)
10 Pin Bowling (E)
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Week 3

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Harry Potter Studio Tour (HD)
Brighton – Sightseeing & Shopping (FD)
Coral Reef (Indoor swimming) (E)
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Week 4

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Hampton Court Palace (HD)
Oxford – Punting and Natural History Museum (FD)
Cinema (E)
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Week 5

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Chessington World of Adventures (Juniors) (HD)
Thorpe Park (Seniors) (HD)
London 2 – St Paul's Cathedral and Sightseeing (FD)
Coral Reef (Indoor swimming) (E)
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Academies

Academies offer our students the opportunity to focus on specific or varied disciplines, for the majority on 3 afternoons each week. The choices are extensive, and with professional tuition offered for many of our Academies, our students get the very best in a range of sports and leisure pursuits, creative activities and academic subjects.

It's another great opportunity to mix with different students from different backgrounds including our more senior UK Summer Camp students for certain Academies. Each and every Academy will help students to develop their confidence in speaking and fluency. Depending on their chosen Academy, students receive between 1 to 2 hours of contact time, 2 to 3 times each week. Confirmation of contact time is stated in each sub-heading. Where appropriate, sessions will be split into Junior and Senior girls.

Academies are chosen when making a student booking. Places are limited for certain academies so we do recommend to book early!

Academic Academies

Our Academic Academies are up to 4.5 hours each week. 3 x 1.5 hour sessions.

Each Academy has one instructor per 12 students. For our Academic Academies, a minimum English level of B1 (intermediate) is required and are aimed at our senior girls of 13 +. Students who are deemed not to be at the correct English level having initially signed up for an Academic Academy, will join our Multi Sports and Activities Academy

There are a couple of academic academies held each week.

International Relations

Week 1 and week 3 (£ Included)

To introduce students to the key themes and concepts at the heart of International Relations.

To develop an understanding of key terms and concepts through specific and tailored modules.

Module 1: Governing the global system
Explore how states, institutions, NGOs, MNCs,
and civil society shape policy in response to
globalisation:

Module 2: Globalisation

Discover the origins of globalisation and trace how its various dimensions have evolved and impacted the world throughout history. Module 3: Contesting Globalisation Explore how populism and other forces are contesting globalisation and unsettling the current world order.



Academic Academies cont.

Creative Writing Academy

Week 1, Week 3 and Week 5 (£ Included)

To help students to explore, experiment, and find their writing voice. A key element of the syllabus is to ask the students to write in different genres. The course introduces students to the different writing genres, fiction and non-fiction, exploring the form and writing in some of the genres including:

Drama

Stories composed in verse or prose, usually for theatrical performance, where conflicts and emotion are expressed through dialogue and action.

Fiction

Narrative literary works whose content is produced by the imagination and is not necessarily based on fact.

Poetry

Verse and rhythmic writing with imagery that creates emotional responses.

Biography/Autobiography

Narrative of a person's life, a true story about a real person.

Critical Essay

A short literary composition that reflects the author's outlook or point.

Narrative Nonfiction

Factual information presented in a format which tells a story.

Nonfiction/Reporting

Informational text dealing with an actual, reallife subject.

Speech

Public address or discourse.

Public Speaking and Presenting Academy

Week 2 and Week 5 (£ Included)

To learn how to develop methods in structure and style of speaking and presenting. Build confidence and understand how to engage an audience.

Students have access to key facilities and will be able to build on their own experiences in this increasingly important and versatile skill.

Linguistics Academy

Week 2 and Week 4 (£ Included)

Over the three sessions students choosing Linguistics will study various topics of discussion and exploration. In particular;

Sounds

How we produce and hear speech sounds, what tools we can use to study them and why that might be important.

Words and Grammar

How do we decide what words mean? Where do dictionaries come from and what are they useful for? How do we keep track of how meanings change over time?

Language in context

Focuses on how language changes depending on when and where we use it.

Preparation for the Workplace and Career Planning Academy

Week 4 - 3 x 2 hours (£ included)

Developing the key skills to prepare you for the challenges that lie ahead when considering careers and the workplace in general.

This academy delves into key areas of essential planning and looks into strategies and tools to assist your next move, during and beyond your studies in higher education.



Sport Academies

Tennis Academy

Available every week -3×1.5 hours (£150)

Our professional coaching sessions are managed by former GB Davis Cup player Danny Sapsford. All coaches are LTA accredited. All sessions are designed for small groups (no more than 4 players) of similar standards to gain maximum benefit. Players receive a comprehensive coaching programme including technical, and tactical sessions suitable for all ages and abilities.

Water Sports Academy - Kayaking and Paddleboarding

Week 1, Week 3 and Week 5 -2 x 1.5 hours (£100)

Sessions are held at our local 'Horseshoe Lakes'. Students take on the extremely popular sports of Paddle boarding (SUP) and Kayaking, receiving a full safety briefing, skills instructions and most importantly the opportunity to have a lot of fun! All kit will be provided.

Horse Riding Academy

Available week – 3 x 1 hour sessions (£200)

Students are grouped according to ability. Sessions are held off site at our local riding school where there are great indoor and outdoor facilities so no matter the weather our students can continue with their lessons!

Golf Academy

Week 1, Week 3 and Week 5 - 3 x 1.5 hour (£150)

Our Golf Academy is held just down the road from school, at the 'Royal Ascot Golf Club'. All students receive coaching from PGA experienced coaches over three - 1½ hour sessions. The coaches will help to improve your swing, technical ability and game play. Receive expert advice from dedicated coaches while you look to hone your skills in this increasingly popular sport. For all ages and abilities.

Multi Sports and Activities Academy

Available every week – 3 x 2 hours (£ Included)

If you want to try your hand at a range of sporting and creative activities, then the Multi Sports and Activities Academy is for you. We introduce you to some skill sessions in Hockey and Lacrosse while taking on popular team school sports traditionally played by girls at schools in the UK, including Netball, Rounders and Cricket. There's also the opportunity to play a long and varied list of sports, but we can't do them all, so available sports do change each week!

Our creative activities consist of Art and Crafts which could include, pottery, jewellery making, soap making and creating basic designs and prints for T-shirts and Tote bags.



Creative Academies

Performing Arts Academy

Week 2 and Week 4 – 3 x 3 hours (£ Included)

Our Performing Arts Academy provides an excellent opportunity for our students to have lots of fun and engage in a tailor-made programme of performance techniques, culminating in a show at the end of the week for all their fellow students and summer camp friends and family.

The Academy runs twice during the summer, each week has a 'Theme'.

Week 2 – 'Broadway and West End'
Week 4 – 'TV and Film'

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Students are grouped by their age and on each academy afternoon, will complete two sessions in these age groupings and a third session all together

They complete sessions in Drama and Performance and another in Dance in their specific groupings.

Students learn another group Musical Theatre number in their 'ensemble' class. All of these pieces will be performed for an audience of friends and family on the evening of their final day!

We aim to provide an inclusive, supportive and fun environment in which the students can broaden their skills and technique in all areas of performing arts. Focus will be on developing good practise across all aspects of rehearsal and performance technique, including safe practise in the studio and on-stage, improving from and offering peer feedback in rehearsals and expanding on their own experience on stage, with a particular emphasis on stage craft and confidence building for those who need it. For the more experienced performers in the group, we will aim to provide opportunities for them to showcase their skills and for those interested in the creative side (costume/prop design and/or technical theatre, i.e. lighting and sound), they will have a chance to be involved behind the scenes, as they prepare for the much anticipated performance Heathfield School's very own Theatre.

Modern Dance Academy

Week 1, Week 3 and Week 5 – 3 x 2 hours (£ Included)

Commercial pop dance/ street dance sessions. Bring your dance skills to the fore with this fun and energetic Academy. Improve your awareness on posture, rhythm and style. Work with our tutors to choreograph your very own performance.

Wellbeing and Mindfulness Academy - Reflexology and Yoga

Week 3 and Week 5 – 2 x 2 hours (£ Included)

This academy is a fantastic opportunity to relax, unwind and be the real you, in a warm, friendly and encouraging atmosphere. The Academy provides opportunities for discussion and reflection and has the practical element of Reflexology and Yoga included. We cannot recommend this Academy enough!



Creative Academies cont.

Cookery Academy

Baking and Decorating - Junior (aged 8 to 11) and Senior (aged 12+)

Week 2 and Week 4 – 3 x 2 hours (£100)

With a keen eye for everything sweet, this is a firm favourite for our students. Taking baking and decorating to the next level. A variety of sweet dishes will be created and will surely bring out the best pastry chefs of the future!

Dinner for Two (aged 12+)

Week 3 and Week 5 – 3 x 2 hours (£100)

With a real goal for achieving something special, our Cookery 'Dinner for two' Academy provides our students the key skills in food preparation and cooking. The Dinner for two course takes you on a journey of learning specific skills to prepare tantalising starters, delicious main courses and exquisite desserts. A skill you can take home and impress your family with!

Art Academy - Fine Art and Lino Printing

Week 1 and Week 3 – 3 x 2 hours (£ Included)

Our Fine Art and Lino Printing academy provides an excellent opportunity to improve your skills and learn new and interesting techniques from our very skilled Art Teachers.

Fine Art includes Drawing and painting skills on different surfaces learning a variety of skills and techniques while in lino printing you will create stunning artwork that is unique and special and will surely impress your folks back home. Learn the technical skills to make your linocut then how to print and display your very own work.

Photography Academy

Week 5 – 3 x 2 hour (£100)

Working in our very own photography workshop with Heathfield's finest, you will explore the tools to take your photography skills to the next level. It's a fantastic opportunity to work with skilled photographers and explore ways in which some of the best pictures are captured by understanding shutter speeds and focusing modes. Create technically competent and creative photographs you can be proud of.

Fashion, Textile Design and Illustration Academy (aged 12+)

Week 1, Week 3 and Week 5 – 3 x 2 hours (£ included)

This academy aims to focus on creating detailed textiles without the use of a sewing machines and transferring elements of textile samples into fashion illustrations. These fashion illustrations will showcase details in the textiles, for example stiches, fabric placement and scale.

Some of the techniques that this workshop will explore, include hand weaving, beading, embroidery and more. This workshop will provide your daughter with insight into the methods used for design development, whilst teaching them new textile skills.

Academies

Break

Academies/Activities

Break

Dinner

Talent Show

Dinner

Evening Activities

A glimpse at what your daughter will be doing

A Typical Day

07:15 to 07:45	Students woken up by House Pastoral Staff who will ensure they are ready for the day ahead.
07:45 to 08:30	Breakfast Students able to select from a wide selection of breakfast choices.
08:35 to 08:45	Meeting in Main Hall. Useful meeting held to inform students of the plans for the day ahead.
08:45 to 10:40	English lessons begin.
10:40 to 11:15	Main break and snack.
11:15 to 12:45	English lessons / Project classes
12:45	Lunch Students will be able to enjoy a full and varied lunch in the main school dining room.
14:00 to 1600	Afternoon Academies: Students attend their chosen Academy
16:00 to 16:30	Break: Tuck shop open!
16:30 to 17:30	Academies/ Activities: Students continue to attend their chosen academy or take part in an organised activity
17:30 to 18:30	Break
18:30 to 19:15	Dinner: Students can choose from a specially designed nutritious dinner menu.
19:15	Meet in Main Hall before commencement of evening activities
19:30 to 21:30	Evening Activity/ Social Events begin. A great way for students to get together through social evening activities.
21:00 to 22:30	Staggered bedtimes

Typical W			
	SUNDAY	MONDAY	TUESDAY
07:45 to 08:30	Breakfast (at 9am)	Breakfast	Breakfast
08:35 to 08:45	Morning Meeting	Morning Meeting	Morning Meeting
08:45 to 09:40	Placement Tests	Main Lesson	Main Lesson
09:45 to 10:40	Placement Tests	Main Lesson	Main Lesson
10:40 to 11:15	Break	Break	Break
11:15: to 12:00	Placement Tests	Main Lesson	Project Class
12:00 to 12:45	Introductions	Main Lesson	Project Class
12:50 to 13:45	Lunch	Lunch	Lunch
14:00 to 16:00	House Team Activities		Academies
16:00 to 16:30	Break	Afternoon Trip Windsor	Break
16:30 to 17:30	House Team Activities		Academies/Activitie
17:30 to 18:30	Break	Break	Break
18:30 to 19:30	Dinner	Dinner	Dinner
19:30 to 21:30	Evening Activities	Evening Activities	Evening Trip
	WEDNESDAY	THURSDAY	FRIDAY
07:45 to 08:30	Breakfast	Breakfast	Breakfast
08:35 to 08:45	Morning Meeting	Morning Meeting	Morning Meeting
08:45 to 09:40	Main Lesson		Main Lesson
09:45 to 10:40	Main Lesson		Main Lesson
10:40 to 11:15	Break		Break
11:15: to 12:00	Project Class	Excursion	Project Class
12:00 to 12:45	Project Class	London, Thames	Project Class
12:50 to 13:45	Lunch	river cruise and signtseeing	Lunch
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SATURDAY: ARRIVALS AND DEPARTURES

14:00 to 16:00

16:00 to 16:30

16:30 to 17:30

17:30 to 18:30

18:30 to 19:30

19:30 to 21:30

Orientation Games, Breakfast, Lunch, Dinner and Ice Breakers in House Teams

Academies

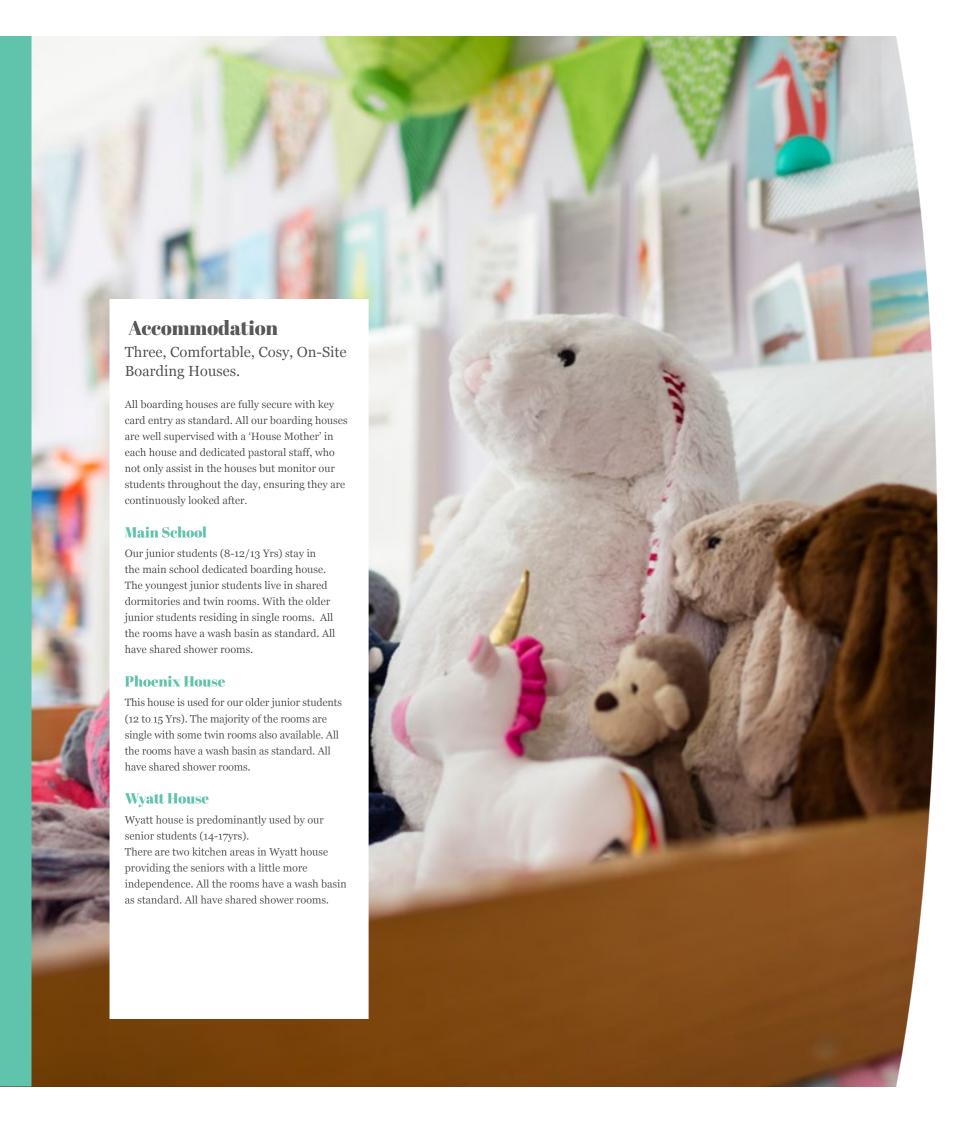
Break

House Team Build Up

Break

Dinner

House Sports Comp



Accommodation and Catering

Catering

Heathfield offers the very best in school catering provided by our contract caterers Thomas Franks Ltd.

Our catering team offer a unique, bespoke service which focuses on great food, locally sourced ingredients, and exceptional service. Food is at the heart of summer school life, particularly in a residential setting and nourishing students is paramount to everything our caterers set to achieve. We ensure our pupils enjoy freshly prepared and tasty food every day!

Sample menu

BREAKFAST

Hot breakfast

Sausage, mushroom, tomato, fried egg $% \label{eq:control_eq}$

pastry Croissant

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Everyday items

Daily smoothie Natural yoghurt selection

Toast selection

White, wholemeal, granary and homemade breads, selection of jams, honey & spreads with bagels, muffins and crumpets

Cereal selection

Selection of high fibre & whole grain cereals

Fresh & Healthy

Fresh fruit, yoghurt bar

Porridge Bar

Freshly made porridge with a selection of toppings

LUNCH

Soup of the day, homemade bread

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Mixed Thali,

A selection of meat and vegetarian curry dishes to tantalize your taste buds, why not try a little of each? Fresh salad bar

Fresh salad bar

Desserts

Chilled Vanilla Rice pudding pots, choice of fruit compote Fresh fruit and yoghurt

SUPPER

Dish of the day

Teriyaki grilled chicken breast, Teriyaki sauce

Vegetarian dish of the day

Hand rolled vegetable spring roll

Sides

Prawn crackers Noodles with freshly Stir-fried mixed vegetables Egg fried rice

Fresh salad bar

Dessert

Lemon drizzle
Fresh fruit and yoghurt



English Enrichment 14+

Held in our magnificent Cadogan Sixth Form Centre in weeks 3 and 5, Heathfield Summer School offers our students at B1 level or higher, our English Enrichment Course (one week course). This course is aimed at furthering a students' knowledge with a global perspective.

"Throughout the course we look at the evolution of women in society while developing key personal skills that will help you to establish yourself in our ever-changing society. Get ready to engage in thought provoking discussions, interactive activities, and practical exercises that will ignite your entrepreneurial spirit and elevate your English proficiency. We will also guide you in fostering mindfulness, a skill that empowers you to stay focused, manage stress and make well informed decisions".

Saphina Millington English Enrichment 14+ director

Areas that may be covered include:

- Life skills
- · Public speaking
- Conflict resolution
- Effective or assertive communication
- · Self-confidence and self-respect
- · Problem solving
- · Critical thinking
- · Creative thinking
- · Networking and self-advocacy
- · Goal setting and prioritising

- Building a global perspective
- Teamworking and teambuilding skills
- · Self-reflection skills
- Debating
- · Presentation skills
- Speeches
- Negotiation
- · Providing constructive feedback
- · Sharing and justifying opinions

The course includes workshops, talks, guest speakers, Team building games and Mindfulness sessions (including Reflexology and Yoga).

Our full day excursion to London includes a visit to a museum and a popular West End Theatre production. The planned theatre trip will be announced on our website in the new year.

Please note:

An online placement test is necessary prior to arriving at Heathfield to ensure participants are at the correct level of English. A participant must have attended at least one week of our general English course prior to attending English Enrichment 14+. Students must be 14 to 17 years old to attend this one-week course.

There is an extra course fee to attend English Enrichment 14+.



Transfers and how to find us

Heathfield School is in a central location close to major motorway networks, rail connections and airports. The school is 9 miles from the M4 (J10) and 5 miles from the M3 (J3). We are 50 minutes by train from central London. Heathrow Airport is 30 minutes away and Gatwick airport is just 60 minutes by car.

Arrivals and Departures

Escorted Transfers from and to London Heathrow are organised for students at an extra transfer fee cost, per student, per journey. Other airport destinations are available upon request, with a greater fee applied due to distance and time being taken into consideration.

Students are met by our friendly and experienced staff who will meet and greet, and accompany them back to Heathfield School. For departures all students are accompanied to the airport, checked in and remain in our care until seen through the security gates. We also assist all children travelling using the unaccompanied minors scheme.

If you plan to make your own way.

By Car

From the M4 West, leave at junction 6 and follow the A332 towards Ascot. At the large roundabout junction with A329, take the 3rd exit towards Bracknell (London Road). Just after second traffic lights enter filter lane on right and turn into Heathfield School.

From M4 East, leave at junction 10 and follow A329(M) and A329 through Bracknell

towards Ascot. Heathfield School is just before the junction with the B3017 on the left-hand side of the road.

From the M3, leave at junction 3 and follow the A322 towards Bracknell. After 2 miles, take the right hand lane and follow the road towards Ascot. After another 2 miles where the road bends right, take a left towards Warfield and follow the road to the traffic lights. Turn left onto London Road and then immediately enter the filter lane on the right into Heathfield School.

For Sat Nav's please enter the following postcode: SL5 8BH.

By Train

By Train Heathfield School is a 15 minute walk from Martins Heron train station. Exit the station through the car park and follow the road signposted to Ascot. Heathfield School is just before the junction with the B3017. Alternatively, arrive at Ascot train station where a short taxi ride will bring you to the School.

By Bus

Buses can be caught from either Bracknell or

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Heathfield International Summer School

London Road, Ascot, Berkshire SL5 8BQ, United Kingdom